

Sip Feed Comparison Chart (Oct 2018)

General Practitioners are reminded that the ACBS recommends products on the basis that they may be regarded as drugs for the management of specified conditions.

Food supplements:

Standard ACBS indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of under-nourished patients, proven inflammatory bowel disease following total gastrectomy, bowel fistulas, or disease-related malnutrition and dysphagia. Practitioners should assess nutritional status before starting use of food supplements and offer advice about enriching nutritional value of normal diet, trialing a food first approach. The aim of treatment should be recorded and records of weight kept.

Malnutrition Universal Screening Tool (MUST) is available in Appendix 1c of the Somerset CCG prescribing formulary <http://intranet.sompar.nhs.uk/media/6924/must-community-pathway-community-and-care-home-setting-updated-april-2018.pdf>
Or for more detailed information http://www.bapen.org.uk/pdfs/must/must_full.pdf

Somerset Partnership dietetic internet information for GPs /AHPs as follows:

<http://www.sompar.nhs.uk/what-we-do/general-health/dietetics/information-for-health-professionals/>

- First line Food fortification information leaflets
- Build up and Nourishing alternate foods factsheets
- Palliative care – nutrition for life limiting illness factsheet
- Dietetic electronic referral form (including emis web version link)
- Additional food first information can be found here: <http://www.bapen.org.uk/nutrition-support/nutrition-by-mouth/food-first-food-enrichment>

When reviewing patients prescribed sip feeds consideration should be given to why and how long patients have had sips for and stopping rather than switching if a clinical need may no longer apply.

Renal patients - Please be cautious when reviewing haemodialysis patients with confirmed malnutrition / fluid restrictions, link to separate SomPar renal formulary as follows

<https://www.somersetccg.nhs.uk/about-us/how-we-do-things/prescribing-and-medicines-management/prescribing/prescribing-guidelines-by-clinical-area/nutrition/>

Paediatric patients – Please be cautious if reviewing paediatric patients, there are no CCG formulary recommendations due to it being a specialised area that requires dietetic review and assessment.

Supplement Style	Additional Features	Scorecard Project Positive Available Products (approximate kcal per serving)	Flavour Variety	Scorecard Project Negative Available Products (approximate kcal per serving)	Suitable for Malnourished Individuals with Insufficient Oral Intake...
Powder to add to food or drink		Pro-Cal powder (667 kcal per 100g)	neutral		added to food and drink to enhance energy and protein content.
Milkshake	Powdered (to make up with milk)	Aymes Shake (387kcal) Complan Shake (380kcal) Ensure Shake (389kcal) Foodlink Complete (400kcal) Fresubin Powder Extra (397kcal)	5 5 4 4 4	Calshake powder (596kcal) Enshake (600kcal) Scandishake Mix (587kcal)	for those who are able to make up their own drinks, consume large volumes and purchase milk (NB: not all powdered supplements contain a full range of vitamins and minerals)
	Standard	Aymes Complete (300kcal) Fortisip Bottle (300kcal) Fresubin Energy (300kcal) Nutricomp drink plus (300kcal) Ensure Plus Milkshake Style (330kcal) Ensure Plus Commence (330kcal) This is a starter pack containing Ensure Plus Milkshake style	4 10 8 9 12 1	Resource Energy (300kcal) Fresubin Original (200kcal) Ensure 250ml can (250kcal)	to meet basic energy and nutrient requirements and a preference for milk-based drinks
	Containing Fibre	Foodlink Complete + Fibre (416kcal) [powder sachet] Nutricomp Drink Plus with Fibre (300kcal)	5 3	Ensure Plus Fibre (310kcal) Fresubin Energy Fibre (300kcal) Resource 2.0 Fibre (400kcal) Fortisip Compact Fibre (300kcal)	with increased fibre requirements e.g. individuals suffering from constipation (Not suitable for a fibre free diet)

	Additional Features	Scorecard Project Positive Available Products (approximate kcal per serving)	Flavour Variety	Scorecard Project Negative Available Products (approximate kcal per serving)	Suitable for Malnourished Individuals with Insufficient Oral Intake...	
Milkshake (continued)	High Protein	Altraplen protein (300kcal)	2	Fortisip Extra (318kcal) Fortisip 2kcal (400kcal) Fresubin Protein Energy (300kcal) Fresubin 2kcal Drink (400kcal) Fresubin 2kcal Fibre Drink (400kcal)	with increased protein requirements e.g. elderly, wounds, post- operations, cancer	
	Low Volume	Aymes Shake Compact (320kcal) Altraplen Compact (300kcal) Fortisip Compact (300kcal) Ensure Compact (300kcal) Calogen Extra Shots (160kcal) 6x 40ml (not milkshake style)	5 4 2 8 2	Pro - cal shots (417kcal) Fresubin 5kcal shot (500kcal) Calogen extra (400kcal) Altrashot (420kcal per 120ml)	who cannot consume large volumes or fluid restricted	
	Low Volume / High protein	Fresubin 2kcal mini (250kcal)	3	Fortisip Compact Protein (300kcal)		
	Low Volume / Fibre	Fresubin 2kcal mini with fibre (250kcal)	2	Fortisip Compact Fibre (300kcal)		
		2kcal/ml	No approved formulary products		Ensure TwoCal (400kcal) Fortisip 2kcal (400kcal) Fresubin 2kcal Drink (400kcal)	who require a more energy dense ONS
	Juice	Standard	No approved formulary products		Ensure Plus Juce (330kcal) Fortijuce (300kcal) Fresubin Jucy (300kcal)	with a preference for juice based drinks. Also suitable for low fat diets and patients with taste
Yogurt	Standard	Fresubin Yodrink (300kcal) Ensure Plus Yoghurt Style	2 2	Fortisip Yogurt Style (300kcal) Fresubin Yocrema (187kcal)	with a preference for yogurt style drinks	
Dessert	Milk Based	Nutricrem (225kcal) Aymes crème (188kcal)	4 2	Forticreme Complete (200kcal) Fresubin 2kcal Crème (250kcal) Ensure Plus Crème (175kcal)	with a preference for cream style desserts	
Soup		Vitasavoury 200 (375kcal) Aymes Savoury 387kcal	1 3	Meritene Energis soup Ensure can 250ml Ensure Plus Savoury	with a preference for savoury flavours	
Dyshagia patients ONLY	Pre-thickened sachets to be made up with milk	Slo Milkshake + (327kcal) Level 2 and 3 (name change from stage 1 & 2)	2	Fresubin stage 1&2 Nutilus stage1&2 (306kcal)	who require pre-thickened ONS for dysphagia confirmed patients only (dietitian assessment)	