

Sip Feed Comparison Chart (Apr 2018)

General Practitioners are reminded that the ACBS recommends products on the basis that they may be regarded as drugs for the management of specified conditions.

Food supplements:

Standard ACBS indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of under-nourished patients, proven inflammatory bowel disease following total gastrectomy, bowel fistulas, or disease-related malnutrition and dysphagia.

Practitioners should assess nutritional status before starting use of food supplements and offer advice about enriching nutritional value of normal diet, trialing a food first approach. The aim of treatment should be recorded and records of weight kept.

Malnutrition Universal Screening Tool (MUST) is available in Appendix 1c of the Somerset CCG prescribing formulary. Or for more detailed information http://www.bapen.org.uk/pdfs/must/must_full.pdf

A short leaflet produced by Somerset Partnership is available advising on food fortification.

<http://www.sompar.nhs.uk/media/2917/fact-sheet-dietetics-are-you-at-risk-of-malnutrition-final-010713.pdf>

Additional food first information can be found here: <http://www.bapen.org.uk/nutrition-support/nutrition-by-mouth/food-first-food-enrichment>

When reviewing patients prescribed sip feeds consideration should be given to why and how long patients have had sips for and stopping rather than switching if a clinical need may no longer apply.

Supplement Style	Additional Features	Scorecard Project Positive Available Products (approximate kcal per serving)	Flavour Variety	Scorecard Project Negative Available Products (approximate kcal per serving)	Suitable for Malnourished Individuals with Insufficient Oral Intake...
Powder to add to food or drink		Pro-Cal powder (384kcal per 100g)	neutral		added to food and drink to enhance energy and protein content.
Milkshake	Powdered (to make up with milk)	Aymes Shake (387kcal) Complan Shake (380kcal) Ensure Shake (389kcal) Foodlink Complete (400kcal) Fresubin Powder Extra (397kcal)	5 5 4 4 4	Calshake powder (596kcal) Enshake (600kcal) Scandishake Mix (587kcal)	for those who are able to make up their own drinks, consume large volumes and purchase milk (NB: not all powdered supplements contain a full range of vitamins and minerals)
	Standard	Aymes Complete (300kcal) Fortisip Bottle (300kcal) Fresubin Energy (300kcal) Nutricomp drink plus (300kcal) Ensure Plus Milkshake Style (330kcal) Ensure Plus Commence (330kcal) This is a starter pack containing Ensure Plus Milkshake style	4 10 8 9 12 1	Resource Energy (300kcal) Fresubin Original (200kcal) Ensure 250ml can (250kcal)	to meet basic energy and nutrient requirements and a preference for milk-based drinks
	Containing Fibre	Foodlink Complete + Fibre (416kcal) [powder sachet] Nutricomp Drink Plus with Fibre (300kcal)	5 3	Ensure Plus Fibre (310kcal) Fresubin Energy Fibre (300kcal) Resource 2.0 Fibre (400kcal) Fortisip Compact Fibre (300kcal)	with increased fibre requirements e.g. individuals suffering from constipation (Not suitable for a fibre free diet)

	Additional Features	Scorecard Project Positive Available Products (approximate kcal per serving)	Flavour Variety	Scorecard Project Negative Available Products (approximate kcal per serving)	Suitable for Malnourished Individuals with Insufficient Oral Intake...
Milkshake (continued)	High Protein	Altraplen protein (300kcal)	2	Fortisip Extra (318kcal) Fortisip 2kcal (400kcal) Fresubin Protein Energy (300kcal) Fresubin 2kcal Drink (400kcal) Fresubin 2kcal Fibre Drink (400kcal)	with increased protein requirements e.g. elderly, wounds, post- operations, cancer
	Low Volume	Altraplen Compact (300kcal) Ensure Compact (300kcal) Fortisip Compact (300kcal) Calogen Extra Shots (800kcal) 6x 40ml (not milkshake style)	4 2 8 2	Pro- cal shots (417kcal) Fresubin 5kcal shot (500kcal) Calogen extra (800kcal) Altrashot (420kcal per 120ml)	who cannot consume large volumes, may aid compliance and suitable for the majority of patients
	Low Volume / High protein	Fresubin 2kcal mini (250kcal)	3	Fortisip Compact Protein (300kcal)	
	Low Volume / Fibre	Fresubin 2kcal mini with fibre (250kcal)	2	Fortisip Compact Fibre (300kcal)	
	Juice	2kcal/ml	No approved formulary products		Ensure TwoCal (400kcal) Fortisip 2kcal (400kcal) Fresubin 2kcal Drink (400kcal)
Standard		No approved formulary products		Ensure Plus Juce (330kcal) Fortijuce (300kcal) Fresubin Jucy (300kcal) Resource Fruit (254kcal)	with a preference for juice based drinks. Also suitable for low fat diets and patients with taste fatigue. (Not suitable for diabetics)
Yogurt	Standard	Ensure Plus Yoghurt Style (330kcal) Fresubin Yodrink (300kcal)	2 3	Fortisip Yogurt Style (300kcal) Fresubin Yocrema (187kcal)	with a preference for yogurt style drinks
Dessert	Milk Based	Nutricrem (225kcal) Aymes crème (188kcal)	4 2	Forticreme Complete (200kcal) Fresubin 2kcal Crème (250kcal) Ensure Plus Crème (175kcal)	with a preference for cream style desserts
Soup		Ensure Plus Savoury (330kcal) Vitasavoury 200 (375kcal) Aymes sachets chicken 387kcal	1 3 1	Meritene Energis soup (200kcal) Ensure can 250ml	with a preference for savoury flavours
Dyshagia patients ONLY	Pre-thickened Powdered sachets to be made up with milk	Slo Milkshake + (327kcal) Stage 1 and 2	2	Fresubin stage 1&2 Nutilis stage1,2 (306kcal) &3 (206kcal) complete	who require pre-thickened ONS for dysphagia confirmed patients only (dietitian assessment)