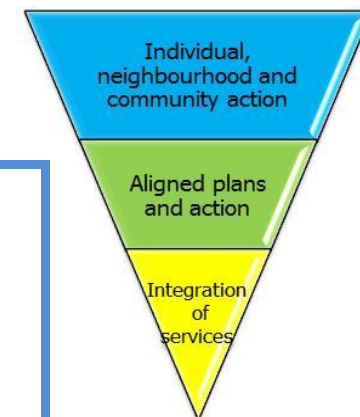


Health and Wellbeing Strategy

Plan on a Page 2013-2018



Vision for Health and Wellbeing in Somerset:

People live healthy and independent lives, supported by thriving and connected communities with timely and easy access to high quality and efficient public services when they need them.

The Joint Health and Wellbeing Strategy gives priority to the following three themes to improve health and wellbeing:

Theme 1: People, families and communities take responsibility for their own health and wellbeing

Theme 2: Families and communities are thriving and resilient

Theme 3: Somerset people are able to live independently

Priority	Main theme it contributes to	Outcome measures	Board Champion	Lead managers and Organisation
P1. Local information - Review how information is available on community activities, services and volunteering opportunities and support more joined up, effective and efficient approaches	Themes 1, 2 and 3	3D The proportion of people who use services and carers who find it easy to find information about services	Nigel Woollcombe-Adams Healthwatch representative	
P2. Local action – Reduce barriers to enable and encourage individuals, communities and groups to take local action to improve health and wellbeing	Themes 1, 2 and 3	1.18 Social isolation (Placeholder) 2.23 Self-reported well-being	Ross Henley William Wallace	
P3. Physical activity, food and obesity – Review and develop a shared approach to promote physical activity, healthy eating and reduce obesity	Theme 1	2.6 Excess weight in 4-5 and 10-11 year olds 2.12 Excess weight in adults 2.13 Proportion of physically active and inactive adults 2.17 Recorded diabetes	Trudi Grant David Rooke	Louise Woolway (SCC - PH) Sally Bucksey (CCG)
P4. Smoking - Increased joined up action to reduce smoking, particularly during pregnancy	Theme 1	2.3 Smoking status at time of delivery	Trudi Grant Vivienne Stock-Williams	Stewart Brock (SCC - PH) Julie Brooks (CCG)

Priority	Main theme it contributes to	Outcome measures	Board Champion	Lead managers and Organisation
P5. Inequalities in educational attainment – Identify further action to reduce inequalities in educational attainment at foundation and key stage 4	Theme 2	1.2 School readiness (Placeholder)	Peter Lewis Christine Lawrence	Paul Nugent (SCC)
P6. Housing - Review strategic housing policy in relation to demographic change, economic growth and the future care needs to inform the Joint Strategic Housing Framework	Theme 3	1.15 Statutory homelessness No. of houses given planning permission? No. of affordable homes? No. of new lifetime homes?	Keith Turner Ann Bown	
P7. Long Term Conditions – Increase support to encourage people to self-manage their long term conditions as much as possible	Theme 1	2.1 Proportion of people feeling supported to manage their own condition 3A Emergency admissions for acute conditions that should not usually require hospital admission	David Rooke Anthony Farnsworth	Claire Higden (CCG)
P8. Integrated and early support for families in need – Increase preventative activity for targeted families through the Family Focus Programme and Early Help Strategy	Theme 2	1.5 16-18 year olds not in education, employment or training	Peter Lewis Frances Nicholson	
P9. Poverty – Monitor and minimise the health and wellbeing impact of financial hardship	Theme 2	1.1 Percentage of children in relative poverty (living in households where income is less than 60 per cent of median household income before housing costs)	Sylvia Seal John Swain	
P10. Transformation of Health and Social Care – Increased integration of services to maintain independence and manage acute need and admission to hospital in response to the NHS Call to Action.	Theme 3	3.6 Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement / rehabilitation services	Rosie Benneyworth Clare Steel David Slack	