

## Quick Reference Dressings Guide August 2020 update

|   |   |
|---|---|
| <b>GREEN</b>  | Is the recommended choice   |
| <b>AMBER</b>  | Have a caution note attached and some may require additional training / competencies to use.  |
| <b>RED</b>  | Indicates specialist knowledge required and will be accessed via TVN's / Vascular Teams; <b>these will require a different ordering process for Community patients.</b> |
| Please refer to main wound care formulary document for further information and guidance.<br><a href="https://www.somersetccg.nhs.uk/prescribing-and-medicines-management/other-formularies/">https://www.somersetccg.nhs.uk/prescribing-and-medicines-management/other-formularies/</a> |   |

| Type of dressing             | Formulary choice                    | Size  | Suggested wear time  | Non formulary equivalents  |
|------------------------------|-------------------------------------|---|--|--|
| Mechanical Wound Debridement | Debrisoft                           | 10cmx10cm pad<br>5cmx2cm lolly  |  | UCS Debridement, Prontosan, Cleanwnd, Cutimed  |
| Pressure relieving Pad       | Kerrapro                            | <b>Sheet</b> – 10x10x0.3cm,<br>10x10x1.2cm<br><b>Strip</b> – 30x5x0.3cm,<br>50x2.5x0.3cm <b>Heel</b> – standard<br><b>Sacrum / Ankle wrap</b> | Single patient use, can be reused for 3 months provided washed in soapy water and allowed to dry. Only for use on intact undamaged skin.   | Dermisplus prevent, Aderma   |
| Wound Irrigation solution    | Prontosan                           | 350ml   | To be used for removal of Biofilm. Single patient use. Can be used for 10-15 minutes soak, or in conjunction with debrisoft  | Octenilin  |
| Hydrogel                     | Activheal Hydrogel                  | 15g   | Dressing changed every 2-3 days or as directed by clinical condition of wound  | Cutimed gel, Flexigran gel, Granugel hydrocolloid, IntraSite gel, Nu-Gel, Purilon gel, Spirit Amorphous hydrogel |
| Hydrogel Sheet               | ActiForm Cool                       | 5cmx6.5cm, 10x10, 10x15cm   | Dressing changed every 2-3 days or as directed by clinical condition of wound  | Hydrosorb, Cutimed Sorbact gel, Gel FX, Geliprem, KerraLite Cool, Aquaflo Coolie                                 |
| Hydrofibre/Protease Matrix   | Flaminal Hydro                      | 15g   | Max of 4 days but should be changed according to exudate levels. Single patient use: The tube is self-sterilising and can be reused on the same patient after opening for up to 2 days                   |  |
|                              | Flaminal Forte                      | 15g, 50g  |  |  |
| Alginate                     | ActivHeal Alginate                  | <b>Flat dressing</b> –<br>5x5cm,10x10cm,10x20cm<br><b>Packing</b> – 2g/30cm Rope  | Max of 7 days but should be changed according to exudate levels or as indicated by clinical condition of wound   | <u>Alginate</u> - Algisite, Algicell<br><u>Packing</u> – Algisite, Algicell                                      |
| Non adherent primary contact | Atrauman                            | 5x7cm, 7.5x10cm,10x20cm,<br>20x30cm   | Max of 7 days dependent on clinical condition of wound   | (Similar to Atrauman but not impregnated)<br>N-A, N-A Ultra, Profore wound contact Layer                         |
| Hydrofibre                   | Aquacel Extra<br><br>Aquacel Ribbon | <b>Flat dressing</b> – 5x5cm,<br>10x10cm,15x15cm<br><b>Packing / Ribbon</b> – 1cmx45cm,<br>2cmx45cm   | Max of 7 days but should be changed as per exudates levels / clinical condition of the wound. This is a wound contact layer. <b>Aquacel Ribbon is not produced in the Aquacel Extra dressings range.</b> | Biosorb Gelling Fibre  |

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|----------------------------------|--|---|---|---|
| Foam                             | <b>Frequent dressing changes</b><br>ActivHeal Foam   | <b>Adhesive</b><br>7.5x7.5cm,10x10cm,12.5x12.5cm,15x15cm, 20x20cm<br><b>Non-Adhesive –</b><br>5x5cm,10x10cm,20x20cm | Max of 7 days but should be changed as per clinical condition of the wound  | Askina Foam, CovaWound, ComfiHEAL, GenaFoam, Kendall Foam, Tegaderm Foam, Spirit Foam   |
|                                  | <b>For Longer Wear</b><br>Allevyn adhesive (classic) | <b>Adhesive</b><br>7.5x7.5cm,10x10cm,12.5x12.5cm,17.5x17.5cm  |   |   |
| Foam with Silicone               | Allevyn Gentle Border                                | 7.5x7.5cm,10x10cm,12.5x12.5cm,17.5x17.5cm   | Max of 7 days but should be changed as per clinical condition of the wound. <b>Used for Periwound protection in conjunction with negative pressure wound therapy</b>                              | 365 silicone, ActivHeal silicone, Advazorb Silfix, Biatain Silicone, CovaWound, KerraFoam, kliniderm  |
| Film                             | OpSite Flexi - Fix                                   | 10cmx1m   |   | Central Gard, Kendall film, Mepore  |
|                                  | OpSite Flexi - Grid                                  | 6x7cm,12x12cm,15x20cm   |   |   |
| Film with Pad                    | OpSite Post - Op                                     | 6x5cm,8.5x15.5cm,25x10cm,30x10cm  |   | Adpore Ultra, Hydrofilm Plus, Leukomed Control, Mepore, Premier   |
| Soft Cloth with Pad              | Softpore   | 6x7cm,10x10cm,10x20cm   |   |   |
| Hydrocolloid                     | Comfeel Plus Transparent                             | 5x7cm,10x10cm,15x15cm,9x14cm  |   | ActivHeal Hydrocolloid, ActivHeal Hydrocolloid Foam Backed  |
|                                  | Duoderm Extra Thin                                   | 7.5x7.5cm,10x10cm,15x15cm,5x10cm,9x15cm   |   | Spirit Alginate   |
| Silicone Contact Layer           | Activheal Silicone                                   | 5x7cm,10x10cm,15x15cm   | Max of 14 days but should be changed as per clinical condition of the wound. The secondary dressing can be changed as required – this reduces the necessity for frequent primary dressing changes | Adaptic Touch   |
| Odour Absorbing                  | Clinisorb  | 10x10cm,10x20cm,15x25cm   | Can remain in situ for up to 7 days or until becomes wet  | Carbopad VC, Askina Carbosorb, CarboFlex  |
| Waterproof No Sting Barrier Film | Medi – Derma S                                       | 1ml, 3ml Applicator<br>30ml Pump Spray<br>28g, 90g Cream  | If used under adhesive tape, dressing or device reapply at each dressing change. If used for protectant against body fluids, faeces or urine reapply every 24-72hrs                               | Cavilon, ConvaTec Silesse, Ilex paste, LaVera Barrier cream, LBF, Sorbaderm, SkinSafe, Sureprep No-Sting Barrier Film Spray, OstoGuard, Salts Barrier Film Foam applicator, No-Sting Skin-Prep (Smith&Nephew) |
| Skin Cleanser & Barrier cream    | Medi – Derma Pro                                     | 250ml spray<br>115g Ointment  | Refer to the Trust Skin Protection Pathway for application / uses   |   |

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| Absorbent Pad - sterile   | Zetuvit E<br>( MPH - Xupad: see Wound Formulary for further details) | Sterile Pads –<br>10x10cm,10x20cm,20x20cm,<br>20x40cm      | Can remain in situ for up to 7 days, depending on exudate levels                                 |  |
| Super Absorbent Pads  | Zetuvit Plus   | 10x10cm,10x20cm,15x20cm,<br>20x25cm,20x40cm                | Can remain in situ for up to 7 days, depending on exudate levels. Can be used under compression. | Drisorb Dressing Pad, PremierPad, Xupad Dressing Pad, Eclypse, Eclypse Adherent, Eclypse Boot, Exu-Dry, Mesorb   |
| Retention bandage   | K Band   | 5cmx4m, 10cmx4m, 15cmx4m                                   | As per manufacturers guidelines  | Easifix K, Knit-Band, Knit Fix   |
| Bandages  | K Soft Long<br>K lite Long   | 10cmx4.5m, 10cmx5.25m                                      |  | Standard 4 layer bandage system  |
| Tubular bandage / Stockinette   | Comfifast  | Blue, Yellow, Beige line                                   |  | Acti-Fast 2-way stretch, CliniFast, Comfifast MultiStretch 2-way stretch, Easifast, Fortuna Fast, Tubifast 2-way stretch   |
|   | Eesigauze  | 20m Size 01 & 12 finger/toe<br>20m Size 56 & 78 adult limb |  |  |
| Adhesive Tape   | Clinipore  | 1.25cmx 5 or 10m<br>2.5cmx10m                              |  | Micropore, Scanpor, Leukopor, Leukofix, Blue Dot   |
| Soft Cloth Tape   | Hypafix  | 5cmx10m, 10cmx10m  |  |  |
| <b>AMBER</b> dressings have a caution note attached and some may require additional training / competencies to use. <a href="https://www.somersetccg.nhs.uk/prescribing-and-medicines-management/other-formularies/">https://www.somersetccg.nhs.uk/prescribing-and-medicines-management/other-formularies/</a> See full guide for more detail. |  |  |  |  |
| Antimicrobial (honey based)   | Activon Tube   | 25g  | Can remain in situ for up to 7 days. Single patient use. Use within 90 days once opened          | MANUKApli, Medihoney, Melladerm Plus, L-Mesitran ointment, L-Mesitran SOFT   |
|   | Algivon Plus   | 5x5cm,10x10cm,2.5cmx20cm + plastic probe                   | Max of 7 days but should be changed as per clinical condition of the wound                       |  |
|   | Actilite   | 5x5cm,10x10cm,10x20cm                                      |  |  |
| Antimicrobial (Antiseptic)  | Inadine  | 5x5cm,9.5x9.5cm  | Can remain in situ for up to 7 days, depending on exudate levels                                 | Povitulle  |
|   | Iodoflex   | 5g, 10g, 17g   | Max of 3 days according to exudates / clinical condition of wound.                               |  |
| Antimicrobial (Silver)  | Atrauman AG  | 5x5cm,10x10cm,10x20cm                                      | Dressing effective for up to 7 days  | Silver dressings are very expensive, only use for specific indications as advised by TVN   |
|   | Calgitrol Thin (Askina)  | 5x5cm,10x10cm,15x15cm,<br>20x20cm                          |  |  |
| Hydrofibre (Silver)   | Aquacel Ag + Extra   | 5x5cm,10x10cm,15x15cm,<br>20x30cm                          |  | Silver dressings are only to be used for a period of two weeks in line with National Guidance. A reassessment should be carried out at this point and consider referring to TVN. |
|   | Aquacel Ag +   | <b>Ribbon</b> – 1cmx45cm,2cmx45cm                          |  |  |

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| Antimicrobial            | Suprasorb X plus PHMB | <b>Flat</b> -<br>5cmx5cm,9cmx9cm,14cmx20cm<br><b>Rope</b> – 2cm x 21cm    | Max of 7 days according to clinical condition of wound / infection. A secondary dressing is required.  | Bio-cellulose dressing - CelluDress - PHMB           |
| Antimicrobial Mechanical | Cutimed Sorbact       | 4cmx6cm,7cmx9cm   | Max of 7 days according to clinical condition of wound / infection. A secondary dressing is required.  |  |
| Compression Bandages     | K Plus Long           | 10cmx10.25m   | To use any form of compression in a treatment plan staff must attend a full leg ulcer management course & complete a competency document under the supervision of a competent mentor.<br><br>Should only be applied to pts following an up to date full patient assessment including ABPIs | Profore, Coban 2, Rosidal K, Comprilan, Clinistretch |
|                          | Ko Flex Long          | 10cmx7m   |  |  |
|                          | K – Three - C         | 10cmx3m   |  |  |
|                          | Actico                | 10cmx6m, 8cmx6m,12cmx6m   |  |  |
|                          | K Two                 | Ankle circ 18-25cm, 25-32cm   |  |  |
|                          | K Two Reduced         | Ankle circ 18-25cm, 25-32cm   |  |  |
| Hosiery Kit              | Activa Hosiery Kit    | 40mmHg leg ulcer treatment kit<br><br>Various sizes and colours available | Carers and HCA's / AP's can apply hosiery once they have been shown how to do so   | mediven, Altiform, Credalast, Duomed                 |
| Compression hosiery      | Activa                | Various sizes and colours available - Class 1,2,3                         |  |  |
|                          | Actilymph             | Various sizes and colours available - Class 1,2,3                         |  |  |
| Waterproof Protectors    | Limbo                 | Various sizes – adult and child<br>Latex free                             | As per manufacturers guidelines  |  |

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| Negative Pressure Wound Therapy  | KCI   |  | All KCI products need to be ordered via the Tissue Viability Service  | V.A.C ultra   |
| Larval Therapy   | BioBag  | 2.5x4cm, 4x5cm, 5x6cm, 6x12cm, 10x10cm   | All orders for larval therapy are required to go through TVN who will contact GP to request GMC number required so that TVN can order on behalf of the GP |   |
|  | Free Range Larvae   | Retention kit 30x30cm – 1 vial<br>2 or 3 vials<br>Boot retention kit – 1, 2 or 3 vials |   |   |
| Antimicrobial (silver)   | Urgotul Silver  | 10x12cm, 15x20cm   | May be left in place for up to 7 days. To be used for specific clinical indications i.e. burns, graft donor, sites etc                                    | <b>Specialist knowledge required / TVN assessment</b><br>Silver dressings are only to be used for a period of two weeks in line with National Guidance. A reassessment should be carried out at this point and consider referring to TVN. |
| Toe caps   | Brand not specified by TVN                                      | Left / Right various colours   | As per manufacturers guidelines   |   |
| Compression Wrap System  | Readywraps  | Small, Medium, Large, X Large. Foot Left / Right, Calf, Knee & Thigh                   | As per manufacturers guidelines   |   |
| Sacral   | Allevyn Gentle Border Sacrum<br>Allevyn Adhesive Classic Sacrum | 16.8x17.1cm, 21.6x23cm, 17x17cm, 22x22cm   | May be left in place for up to 5 days   |   |
| Large Silicone Contact   | Adaptic Touch   | 20x32cm  | May be left in place for up to 14 days  |   |
| Hydro-Responsive Dressing  | HydroCleanPlus  | 4cm Round, 7.5x7.5cm, 10x10cm  | To be used under TVN / vascular guidance  |   |
| Protease Inhibitor   | UrgoStart Plus  | <b>Pad</b> – 6x6cm, 10x10cm, 15x20cm<br><b>Contact</b> – 5x7cm, 10x10cm, 15x20cm       | To be used under TVN guidance   |   |
| De-Sloughing   | UrgoClean   | 6x6cm, 10x10cm, 15x20cm, 2.5x40cm  |   |   |
| Foam dressing with cleansing agent & glycerol  | PolyMem<br>PolyMem Max  | 10x10cm, 13x13cm, 17x19cm<br>20x20cm   |   |   |
| Protease Modulator   | Promogram Prisma  | 28cm <sup>2</sup> , 123 <sup>2</sup> cm (Hexagonal)                                    |   |   |
| Antimicrobial (antiseptic)   | Iodosorb  |  | Single patient use (dispose of product following single use)  |   |