

Quick Reference Formulary – First and Second Line Formulary Options

Green is the CCG formulary preferred brand Blue is suitable for self care and available to buy OTC

October 2020

Chapter 1 Gastro-intestinal system

NICE Guideline for reflux and dyspepsia

1.1 Dyspepsia and Reflux disease

Antacids

- Mucogel®

Alginate

- Peptac®
- Acidex Advance®

1.2 Antispasmodic

- Mebeverine tabs

1.3.5 PPI

CCG PPI deprescribing algorithm

- Lansoprazole, omeprazole, pantoprazole, esomeprazole

1.4 Acute diarrhoea

NICE guideline for diarrhoea in under 5s

- Dioralyte®, Loperamide

1.5 Chronic Bowel Disorders

NICE guideline for colitis

Prescribe mesalazine by brand

- Mesalazine 400mg as Zintasa EC®, 500mg as Pentasa SR®, sachets as Salofalk®

1.6 Laxatives

NICE guideline for constipation

Stimulants

- Bisacodyl or senna or docusate, glycerol suppositories

Osmotic

- Macrogol - Laxido® or Cosmocol®

Bulk forming

- Ispaghula husk – Fybogel
- Lactulose

1.7 Anal and rectal disorders

Haemorrhoids & Anal Fissures

- Anusol or Scheriproct®
- GTN ointment -Rectogesic®

Chapter 2 Cardiovascular System

NICE guideline on strokes

NICE guideline on atrial fibrillation

NICE guideline on chronic heart failure

2.2 Diuretic

- Indapamide
- Furosemide
- Spironolactone
- Eplerenone

2.3 Anti-arrhythmic

- Amiodarone

2.4 Betablocker

- Bisoprolol
- Atenolol
- Metoprolol

2.5.5 ACE-inhibitors

NICE guideline on hypertension

- Lisinopril
- Ramipril caps

ARBs

- Losartan
- Candesartan

Centrally acting antihypertensive

- Methyldopa
- Moxonidine

Alpha-blocker

- Doxazosin - Doxadura®

2.6 Nitrates

- GTN spray
- Isosorbide mononitrate
- Isosorbide mononitrate SR – Tardisc XL®, Monomil XL®, Chemydur XL®

CCB - Dihydropyridines

- Amlodipine
- Lacidipine
- Lercanidipine

CCB – Rate limiting

- Diltiazem MR – Zemtard XL®
- Verapamil
- Verapamil MR – Half-Securon SR® or Securon SR®

2.6.3 Potassium Channel Activator

- Nicorandil

Sinus Node Regulator

- Ivabradine

2.6.4 Vasodilators

- Naftidrofuryl

2.8.2 Anticoagulants

NICE guideline on DVT

- Enoxaparin
- Warfarin
- DOACs – Dabigatran, rivaroxaban, apixaban, edoxaban

2.9 Antiplatelets

- Aspirin as Danamep®, clopidogrel, dipyridamole MR, prasugrel, ticagrelor

2.12 Lipid Regulating Drugs

Statins

- Atorvastatin, rosuvastatin,

Other lipid lowering

- Ezetimibe

Fibrates

- Fenofibrate micronized

Chapter 3 Respiratory System

NICE guideline on COPD

CCG respiratory home page

3.1 Bronchodilators

SABA

- Salbutamol CFC MDI
- DPI - Salbutamol Easyhaler®

LABA

- Formoterol DPI – Easyhaler® or Oxis Turbohaler®
- Formoterol MDI - Atimos®
- Salmeterol – Soltel® or Serevent Accuhaler®
- Indacaterol – Onbrez Breezhaler®
- Olodaterol – Striverdi Respimat®

Anticholinergic

- Ipratropium MDI
- Acridinium bromide – Eklira Genuair®
- Glycopyrronium bromide - Seebri Breezhaler®
- Tiotropium -Braltus Zonda® or Spiriva Respimat®

- Umeclidinium – Incruse Ellipta®

LAMA/LABA Combination Inhalers

- Anoro Ellipta® or Duaklir Genuair® or Ultibro Breezhale® or Spiolto Respimat®

Theophylline – prescribe by brand

- Theophylline – Uniphyllin Continus®
- Theophylline M/R as Nuelin SA®

Aminophylline MR - Phyllocontin Continus®

3.2 Corticosteroids (prescribe by brand) NICE guideline on corticosteroids in asthma

- Beclometasone– MDI as Sopradec® or Kelhale®, DPI as Easyhaler®
- Budesonide - Easyhaler®

Combination Inhalers ICS/LABA

- Fluticasone/ salmeterol MDI as Combisal®, DPI as Fusacomb Easyhaler®
- Budesonide/ formoterol DPI as Fobumix®

Triple Combination

- Vilanterol/fluticasone furoate/umeclidinium – DPI as Trelegy Ellipta®
- Beclometasone/formoterol /glycopyrronium – MDI as Trimbow®

Spacer Devices

- EasyChamber® or AeroChamber Plus®

3.3.2 Leukotriene Receptor Antagonists

- Montelukast

3.4.1 Antihistimes

- Non sedating – loratadine, cetirizine
- Sedating - chlorphenamine

Adrenaline

- Emerade®

3.7 Mucolytics

- Carbocisteine
- Acetylcysteine as NACSYS®

Chapter 4 Central Nervous System

4.1 Hypnotic and Anxiolytics

NHS Sleep and Tiredness guide CCG hypnotics and anxiolytics

Hypnotics

- Zoplidem, zopiclone, diazepam

Anxiolytics

- Diazepam

4.2 Antipsychotics

- Risperidone, olanzapine, aripiprazole, quetiapine
- Quetiapine XL – Sondate XL®, Zaluron XL®

4.2.3 Antimanic drugs

- Lithium – must be prescribed by brand

4.3 Antidepressants

SSRIs and Tricyclic

- Fluoxetine, sertraline, citalopram
- Lofepramine, amitriptyline
- Mirtazapine, venlafaxine
- Venlafaxine MR – Vensir XL®, Venlalic XL®, Vencarm XL®

4.5.1 Obesity

- Orlistat – P med can be bought

4.7 Analgesics

Paracetamol prescribing guidelines

- Paracetamol

Weak Opioids

- Codeine
- Co-codamol 30/500 – Zapain®
- Tramadol – MR as Marol® bd or Tradorec XL® od

Strong Opioids

- Morphine – Zomorph®, Morphgesic SR®
- Fentanyl – Matrifen®, Fencino®, Mezolar®

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- Buprenorphine – Bunov[®], Reletrans[®], Butec[®]

4.7.3 Neuropathic Pain

- Amitriptyline, duloxetine, gabapentin, pregabalin

4.7.4 Antimigraine

Acute Analgesia

- Ibuprofen, paracetamol

Anti-emetic

- Domperidone - MHRA, metoclopramide - MHRA, prochlorperazine

Triptans

- Sumatriptan, frovatriptan, naratriptan, naratriptan

Prophylaxis

- Propranolol, topiramate

4.10 Substance Dependence

[NHS Smokefree website](#)

[NICE guideline on stopping smoking in pregnancy](#)

- NRT – patches, gum, lozenge, spray
- Bupropion, varenicline

Opioid Dependence

- Methadone – Physeptone[®]
- Buprenorphine sublingual tabs

4.11 Drugs for Dementia

Initiated by specialist only

AChE Inhibitors

- Donepezil
- Galantamine – MR as Gatalin XL[®] or Gazylan XL[®]
- Rivastigmine – patches as Alzest[®]

NMDA-receptor Antagonist

- Memantine

[Chapter 5 Infections](#)

[Refer to separate infection quick reference guide](#)

[Chapter 6 Endocrine System](#)

[NHS diabetes guide](#)

[CCG diabetes page](#)

6.1.1 Insulins and Disposables

Insulin must be prescribed by brand

Short acting

- Aspart – Novorapid
- Lispro – Insulin Lispro Sanofi[®]
- Soluble – Human Actrapid, Insuman Rapid, Humulin S

Intermediate acting

- Biphasic isophane – Insuman Combe 15,25 & 50, Humulin M3
- Biphasic insulin aspart – NovoMix 30
- Biphasic Insulin lispro – Humalog Mix 25 & 50
- Isophane insulin – Insuman Basal, Human Insulatard, Humulin I

Long acting

- Insulin glargine – Semglee[®], Abasaglar, Lantus
- Insulin detemir – Levemir
- Insulin degludec – Tresiba

Pen Needles and Lancets

[Compatibility chart](#)

- Microdot Max[®], GlucoRx Carepoint[®], GlucoRx Carepoint Ultra[®]
- Microdot Plus[®], Fastclic[®], GlucoRx[®]

6.1.2 Drugs used in Diabetes

[NICE guideline on adults with type 2 diabetes](#)

[DVLA guidance on driving with diabetes](#)

Biguanides

- Metformin – MR as Sukkarto SR[®], Yaltormin PR[®]

Sulphonylureas

- Gliclazide

Thiazolidinediones

- Pioglitazone

DPP-4 inhibitors

- Alogliptin
- Linagliptin, saxagliptin, sitagliptin, vildagliptin

Rapid acting insulin secretagogue

- Repaglinide

SGLT-2 inhibitor

- Ertugliflozin, empagliflozin, dapagliflozin, canagliflozin

GLP-1 mimetic

- Lixisenatide
- Exenatide, liraglutide, dulaglutide, semaglutide

6.2 Thyroid and Anti-thyroid drugs

Thyroid hormones

- Levothyroxine

Anti-thyroid hormones

- Carbimazole, propylthiouracil

6.3 Corticosteroids

- Prednisolone, hydrocortisone

6.4.1 Hormone Replacement Therapy

Prescribe by brand

Unopposed oestrogen

- Elleste Solo[®], Bedol[®], Evorel[®]

Cyclical combined

- Elleste Duet[®], Clinorette[®], Cyclo-progynova[®], Evorel Sequi[®]

Continuous combined

- Kliofem[®], Kliovance[®], Premique Low Dose[®], Evorel Conti[®]

Progestogens

- Norethisterone, medroxyprogesterone
- Levonorgestrel - Mirena[®]

6.4.2 Male Sex Hormones and

Antagonists

Testosterone

- Sustanon 250[®], Testosterone Enate[®]

5-ARIs

- Finasteride

6.5.2 Posterior pituitary hormones and antagonists

- Desmopressin - Noqdirna[®]

Chapter 6.6 – Drugs affecting Bone Metabolism

[NICE advice on bisphosphonates](#)

[Patient guide to bisphosphonates](#)

Prevention of osteoporosis

- Alendronic acid, risedronate, ibandronate

Calcium with vitamin D – only if bisphosphonate prescribed

- Theical[®], Accrete[®], Adcal D3[®], Evacal D3[®], Calci-D[®]

[Chapter 7 Obstetrics, Gynaecology and Urinary-tract Disorders](#)

7.2 Treatment of Vaginal and Vulval Conditions

Atrophy

- Estradiol – Ovestin[®], Vagirus[®]

Fungal infections

- Fluconazole, clotrimazole

7.3 Contraceptives

[Methods of contraception](#)

[Contraceptive pill suitable for patients taking hepatic enzyme-inducing drugs guideline](#)

[FSRH guide to Drug Interactions with Hormonal Contraception](#)

7.3.1 Combined hormonal contraceptives

Low strength

- Ethinylestradiol/gestodene – Millinette 20/75[®]
- Ethinylestradiol/desogestrel – Bimizza 20/150[®], Munalea 20/150[®], Gedarel 20/150[®]
- Ethinylestradiol / drospirenone - Eloine[®]

Standard strength

- Ethinylestradiol / levonorgestrel – Levest[®], Maexeni[®], Rigevidon[®]

- Ethinylestradiol/norgestimate – Lizinna[®], Cilique[®]
- Ethinylestradiol/gestodene – Millinette[®] 30/75
- Ethinylestradiol/desogestrel – Cimizt[®] 30/150, Munalea[®] 30/150, Gedarel[®] 30/150
- Ethinylestradiol/drospirenone – Yacella[®]
- Mestranol/norethisterone - Norinyl-1[®]
- Ethinylestradiol/norethisterone (tri phasic) - Synphase[®]
- Ethinylestradiol / levonorgestrel (tri phasic) – TriRegol[®], Logynon[®], Logynon[®] ED

7.3.2 Progesteron only contraceptives (POP)

- Desogestrel
- Norethisterone – Noriday[®]
- Levonorgestrel – Norgeston[®]

7.3.2.3 Intra uterine POP

- Mirena[®], Jaydess[®], Levosert[®]

Long acting reversible contraception

- Medroxy-progesterone – Depo-Provera[®], Sayana Press[®]
- Etonogestrel – Nexplanon[®]

7.3.5 Emergency Hormonal Contraception

- Levonorgestrel – Upostelle[®]
- Ulipristal – EllaOne[®]

Uterine Fibroids

- Ulipristal - Esmya[®]

7.4.1 Drugs for Urinary Retention

- Doxazosin instant release,
- Tamsulosin MR

7.4.2 Drugs for Urinary Frequency, Enuresis and Incontinence

- Oxybutynin, tolterodine

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- Tolterodine MR – Neditol XL®, Mariosea XL®
- Trosipium MR – Regurin XL®
- Solifenacin

7.4.5 Drugs for Erectile Dysfunction

- Sildenafil (does not need SLS), vardenafil, avanafil

7.4.6 Drugs for Premature Ejaculation

- Dapoxetine

Chapter 8 Malignant Disease and Immunosuppression

8.3 Sex hormones and hormone antagonists in malignant disease

Hormone antagonist

- Anastrozole, letrozole

Breast cancer

- Tamoxifen, raloxifene

Prostate cancer

- Triptorelin – Decapeptyl SR®
- Leuprorelin – Prostap®

Chapter 9 Nutrition and Blood

9.1 Anaemias and blood disorders

Iron deficiency

- Ferrous fumarate – liquid as Galfer®

Megaloblastic anaemia

- Folic acid, hydroxocobalamin

9.2 Fluids and Electrolytes

- Potassium salts – Sando K®, Kay Cee L®
- Electrolade®

9.5 Minerals

Calcium – alone self care

- Adcal®

Magnesium

- Neomag®

9.6 Vitamins

Vitamins should be self care

Chapter 10 Musculoskeletal and Joint Diseases

NICE Guideline on Osteoarthritis

NICE Guideline on Spondyloarthritis

10.1 Rheumatic disease and gout

NSAIDs - PPI recommended

- Ibuprofen, naproxen

COX-2 selective NSAIDs

- Meloxicam

Rubefacients and topical NSAIDs

- Algesal, Transvasin, Fenbid, Piroxicam, Capsaicin

Gout

- Acute – naproxen, colchicine
- Long term – allopurinol
- Febuxostat [MHRA trial](#)

Rheumatoid arthritis

- Methotrexate 2.5mg

Chapter 11 Eye

11.3 Anti-infective

- Antibacterial – chloramphenicol
- Antiviral – ganciclovir

11.4 Mast cell stabiliser

- Sodium cromoglicate

11.6 Glaucoma

- Latanoprost - PF as Monoprost®
- Bimatoprost – PF as Eyreida®
- Timolol – PF as Eysano®
- Dorzolomide – PF as Eydelto®

11.8 Dry eyes

- Hypromellose

Chapter 12 Ear, Nose and Oropharynx

12.1 Ear

Otitis Externa

- EarCalm®, Betnesol-N®

Wax removal

- Olive oil, docusate sodium

12.2 Nose

Nasal Steroids

- Mometasone, beclomethasone, budesonide, fluticasone furoate

Anticholinergics

- Ipratropium

MRSA

- Mupirocin, Naseptin®

12.3 Oropharynx:

Ulceration and inflammation

- Benzydamine, hydrocortisone pellets, Bonjela®

Antifungal

- Miconazole, Nystan®

Mouthwash

- chlorhexidine

Dry Mouth

- BioXtra®, Salivix® – prescribe by brand

Toothpaste

- Self care or dentist to prescribe

Chapter 13 Skin

13.2.1 Emollients

- Creams – Epimax®, ExCetra®, Aquamax®, Oilatum®, Zerobase®
- Gels – Isomol Gel®, Myribase Gel®
- Lotions – e45®, QV®
- Ointments – Emulsifying ointment, Epimax®, WSP, Zeroder®

13.2.1.1 Bath and shower

Non-formulary based on current evidence

13.4 Topical corticosteroids

NICE Guideline for application of corticosteroids

Mild

- Mildison® Lipocream

- hydrocortisone 1%

Mild with antimicrobials

- Hydrocortisone/ clotrimazole as Canesten HC®, hydrocortisone/ miconazole Daktacort®

Moderate

- Betamethasone 0.025% as Audavate RD® or Betnovate RD®, clobetasone as Clobavate® or Eumovate®

Moderate with antimicrobials

- Clobetasone butyrate/ oxytetracycline/ nystatin as Trimovate®

Potent

- Betamethasone 0.1% as Audavate®, Betnovate® or Betacap®

13.5.2 Psoriasis

Vitamin D analogues

- Ointments, gels, lotions – calcitriol, calcipotriol, tacalcitol

Coal Tar

- Psoriderm® Emulsion, coal tar extract shampoo

Combination preparations

- Capasal®, Psoriderm®, Sebco®, Cociois®, Diprosalic®

13.6.1 Topical preparations for acne

- Mild – Epiduo®, Duac Once Daily®
- Moderate – Acnecide®, Zineryt®

13.6.2 Oral preparations for acne

- Antibacterials – doxycycline, lymecycline
- Hormonal – co-cyprindiol

13.6.3 Rosacea

- Metronidazole – Rozex®, Acea®
- Azelaic – Finacea®
- Ivermectin – Soolantra®

13.10 Anti-infective skin preparations

Antibacterials

CCG Managing Infections Guidance

Antifungals

- Clotrimazole, miconazole, terbinafine

Anivirals

- Aciclovir

Chapter 15 Anaesthesia

15.1.7 Antagonists for Central and Respiratory Depressions

Emergency treatment of poisoning

Appendix 2 Borderline Substances

Sip Feeds Comparison Chart

MUST Nutritional Screening

CMPA Guidelines for breast fed infants

CMPA Guidelines for formula fed infants

Other Useful Information

BNF for Children

BNF Drug Interactions

Self care leaflet

Self Care Quick Guide

Shared Care Guides

Somerset palliative care drug list and participating pharmacies

Minor Injury Units in Somerset

NHS 111 service

NHS Think Kidneys campaign

Traffic Light System

Medicines used in children, lactation and pregnancy