

# Somerset CCG Quick Reference Formulary – First and Second Line Formulary Options

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March 2021

## [Chapter 1 Gastro-intestinal system](#)

### [NICE Guideline for reflux and dyspepsia](#)

#### 1.1 Dyspepsia and Reflux disease

##### Antacids

- Mucogel®

##### Alginate

- Peptac®
- Acidex Advance®

#### 1.2 Antispasmodic

- Mebeverine tabs

#### 1.3.5 PPI

##### [CCG PPI deprescribing algorithm](#)

- Lansoprazole, omeprazole, pantoprazole, esomeprazole

#### 1.4 Acute diarrhoea

##### [NICE guideline for diarrhoea in under 5s](#)

- Dioralyte®, Loperamide

#### 1.5 Chronic Bowel Disorders

##### [NICE guideline for colitis](#)

Prescribe mesalazine by brand

- Mesalazine 400mg as Zintasa EC®, 500mg as Pentasa SR®, sachets as Salofalk®

#### 1.6 Laxatives

##### [NICE guideline for constipation](#)

##### Stimulants

- Bisacodyl or senna or docusate, glycerol suppositories

##### Osmotic

- Macrogol - Laxido® or Cosmocol®

##### Bulk forming

- Ispaghula husk – Fybogel
- Lactulose

#### 1.7 Anal and rectal disorders

##### Haemorrhoids & Anal Fissures

- Anusol or Scheriproct®
- GTN ointment -Rectogesic®

## [Chapter 2 Cardiovascular System](#)

### [NICE guideline on strokes](#)

### [NICE guideline on atrial fibrillation](#)

## [NICE guideline on chronic heart failure](#)

### 2.2 Diuretic

- Indapamide
- Furosemide
- Spironolactone
- Eplerenone

### 2.3 Anti-arrhythmic

- Amiodarone

### 2.4 Betablocker

- Bisoprolol
- Atenolol
- Metoprolol

### 2.5.5 ACE-inhibitors

#### [NICE guideline on hypertension](#)

- Lisinopril
- Ramipril caps

##### ARBs

- Losartan
- Candesartan

##### Centrally acting antihypertensive

- Methyldopa
- Moxonidine

##### Alpha-blocker

- Doxazosin - Doxadura®

### 2.6 Nitrates

- GTN spray
- Isosorbide mononitrate
- Isosorbide mononitrate SR – Tardisc XL®, Monomil XL®, Chemydur XL®

### CCB - Dihydropyridines

- Amlodipine
- Lacidipine
- Lercanidipine

### CCB – Rate limiting prescribe by brand

- Diltiazem MR – Zemtard XL®, Slozem®
- Verapamil
- Verapamil MR – Half-Securon SR® or Securon SR®

### 2.6.3 Potassium Channel Activator

- Nicorandil

### Sinus Node Regulator

- Ivabradine

### 2.6.4 Vasodilators

- Naftidrofuryl

### 2.8.2 Anticoagulants

#### [NICE guideline on DVT](#)

- Enoxaparin
- Warfarin
- DOACs – Dabigatran, rivaroxaban, apixaban, edoxaban

### 2.9 Antiplatelets

- Aspirin as Danamep®, clopidogrel, dipyridamole MR, prasugrel, ticagrelor

### 2.12 Lipid Regulating Drugs

##### Statins

- Atorvastatin, rosuvastatin,

##### Other lipid lowering

- Ezetimibe

##### Fibrates

- Fenofibrate micronized

## [Chapter 3 Respiratory System](#)

### [NICE guideline on COPD](#)

### [CCG respiratory home page](#)

#### 3.1 Bronchodilators

##### SABA

- Salbutamol CFC MDI
- DPI - Salbutamol Easyhaler®

##### LABA

- Formoterol DPI – Easyhaler® or Oxis Turbohaler®
- Formoterol MDI - Atimos®
- Salmeterol – Soltel® or Serevent Accuhaler®
- Indacaterol – Onbrez Breezhaler®
- Olodaterol – Striverdi Respimat®

##### Anticholinergic

- Ipratropium MDI
- Acridinium bromide – Eklira Genuair®
- Glycopyrronium bromide - Seebri Breezhaler®
- Tiotropium -Braltus Zonda® or Spiriva Respimat®

- Umeclidinium – Incruse Ellipta®

##### LAMA/LABA Combination Inhalers

- Anoro Ellipta® or Duaklir Genuair® or Ultibro Breezhale® or Spiolto Respimat®

##### Theophylline – prescribe by brand

- Theophylline – Uniphyllin Continus®
- Theophylline M/R as Nuelin SA®

##### Aminophylline MR - Phyllocontin Continus®

#### 3.2 Corticosteroids (prescribe by brand) [NICE guideline on corticosteroids in asthma](#)

- Beclometasone– MDI as Sopradec® or Kelhale®, DPI as Easyhaler®
- Budesonide - Easyhaler®

##### Combination Inhalers ICS/LABA

- Fluticasone/ salmeterol MDI as Combisal®, DPI as Fusacomb Easyhaler®
- Budesonide/ formoterol DPI as Fobumix®

##### Triple Combination

- Vilanterol/fluticasone furoate/umeclidinium – DPI as Trelegy Ellipta®
- Beclometasone/formoterol /glycopyrronium – MDI as Trimbow®

##### Spacer Devices

- EasyChamber® or AeroChamber Plus®

#### 3.3.2 Leukotriene Receptor Antagonists

- Montelukast

#### 3.4.1 Antihistimes

- Non sedating – loratadine, cetirizine
- Sedating - chlorphenamine

##### Adrenaline

- Emerade®

#### 3.7 Mucolytics

- Carbocisteine
- Acetylcysteine as NACSYS®

## [Chapter 4 Central Nervous System](#)

### 4.1 Hypnotic and Anxiolytics

#### [NHS Sleep and Tiredness guide](#)

#### [CCG hypnotics and anxiolytics](#)

##### Hypnotics

- Zopidem, zopiclone, diazepam

##### Anxiolytics

- Diazepam

#### 4.2 Antipsychotics

- Risperidone, olanzapine, aripiprazole, quetiapine
- Quetiapine XL – Sondate XL®, Zaluron XL®

#### 4.2.3 Antimanic drugs

- Lithium – must be prescribed by brand

#### 4.3 Antidepressants

##### SSRIs and Tricyclic

- Fluoxetine, sertraline, citalopram
- Lofepramine, amitriptyline
- Mirtazapine, venlafaxine
- Venlafaxine MR – Vensir XL®, Venlalic XL®, Vencarm XL®

#### 4.5.1 Obesity

- Orlistat – P med can be bought

#### 4.7 Analgesics

##### [Paracetamol prescribing guidelines](#)

- Paracetamol

##### Weak Opioids

- Codeine
- Co-codamol 30/500 – Zapain®
- Tramadol – MR as Marol® bd or Tradorec XL® od

##### Strong Opioids

- Morphine – Zomorph®, Morphgesic SR®
- Fentanyl – Matrifen®, Fencino®, Mezolar®

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- Buprenorphine – **Bunov<sup>®</sup>**, **Reletrans<sup>®</sup>**, **Butec<sup>®</sup>**

### 4.7.3 Neuropathic Pain

- Amitriptyline, duloxetine, gabapentin, pregabalin

### 4.7.4 Antimigraine

#### Acute Analgesia

- **Ibuprofen**, **paracetamol**

#### Anti-emetic

- Domperidone - **MHRA**, metoclopramide - **MHRA**, prochlorperazine

#### Triptans

- Sumatriptan, frovatriptan, naratriptan, naratriptan

#### Prophylaxis

- Propranolol, topiramate

### 4.10 Substance Dependence

[NHS Smokefree website](#)

[NICE guideline on stopping smoking in pregnancy](#)

- NRT – patches, gum, lozenge, spray
- Bupropion, varenicline

#### Opioid Dependence

- Methadone – **Physeptone<sup>®</sup>**
- Buprenorphine sublingual tabs

### 4.11 Drugs for Dementia

Initiated by specialist only

#### AChE Inhibitors

- Donepezil
- Galantamine – MR as **Gatalin XL<sup>®</sup>** or **Gazylan XL<sup>®</sup>**
- Rivastigmine – patches as **Alzest<sup>®</sup>**

#### NMDA-receptor Antagonist

- Memantine

### [Chapter 5 Infections](#)

[Refer to separate infection quick reference guide](#)

### [Chapter 6 Endocrine System](#)

[NHS diabetes guide](#)

[CCG diabetes page](#)

### 6.1.1 Insulins and Disposables

Insulin must be prescribed by brand

#### Short acting

- Aspart – Novorapid
- Lispro – **Insulin Lispro Sanofi<sup>®</sup>**
- Soluble – Human Actrapid, Insuman Rapid, Humulin S

#### Intermediate acting

- Biphasic isophane – Insuman Combe 15,25 & 50, Humulin M3
- Biphasic insulin aspart – NovoMix 30
- Biphasic Insulin lispro – Humalog Mix 25 & 50
- Isophane insulin – Insuman Basal, Human Insulatard, Humulin I

#### Long acting

- Insulin glargine – **Semglee<sup>®</sup>**, Abasaglar, Lantus
  - Insulin detemir – Levemir
  - Insulin degludec – Tresiba
- #### Pen Needles and Lancets
- [Compatibility chart](#)
- **Microdot Max<sup>®</sup>**, **GlucorX Carepoint<sup>®</sup>**, **GlucorX Carepoint Ultra<sup>®</sup>**
  - **Microdot Plus<sup>®</sup>**, **Fastclic<sup>®</sup>**, **GlucorX<sup>®</sup>**

### 6.1.2 Drugs used in Diabetes

[NICE guideline on adults with type 2 diabetes](#)

[DVLA guidance on driving with diabetes](#)

#### Biguanides

- Metformin – MR as **Sukkarto SR<sup>®</sup>**, **Yaltormin PR<sup>®</sup>**, **Glucorex<sup>®</sup>**

#### Sulphonylureas

- Gliclazide

#### Thiazolidinediones

- Pioglitazone

### DPP-4 inhibitors

- Alogliptin
- Linagliptin, saxagliptin, sitagliptin, vildagliptin

### Rapid acting insulin secretagogue

- Repaglinide

### SGLT-2 inhibitor

- Ertugliflozin, empagliflozin, dapagliflozin, canagliflozin

### GLP-1 mimetic

- Lixisenatide
- Exenatide, liraglutide, dulaglutide, semaglutide

### 6.2 Thyroid and Anti-thyroid drugs

#### Thyroid hormones

- Levothyroxine

#### Anti-thyroid hormones

- Carbimazole, propylthiouracil

### 6.3 Corticosteroids

- Prednisolone, hydrocortisone

### 6.4.1 Hormone Replacement Therapy

Prescribe by brand

#### Unopposed oestrogen

- **Elleste Solo<sup>®</sup>**, **Bedol<sup>®</sup>**, **Evorel<sup>®</sup>**

#### Cyclical combined

- **Elleste Duet<sup>®</sup>**, **Clinorette<sup>®</sup>**, **Cyclo-progynova<sup>®</sup>**, **Evorel Sequi<sup>®</sup>**

#### Continuous combined

- **Kliofem<sup>®</sup>**, **Kliovance<sup>®</sup>**, **Premique Low Dose<sup>®</sup>**, **Evorel Conti<sup>®</sup>**

### Progestogens

- Norethisterone, medroxyprogesterone
- Levonorgestrel - **Mirena<sup>®</sup>**

### 6.4.2 Male Sex Hormones and

#### Antagonists

#### Testosterone

- **Sustanon 250<sup>®</sup>**, **Testosterone Enate<sup>®</sup>**

### 5-ARIs

- Finasteride

### 6.5.2 Posterior pituitary hormones and antagonists

- Desmopressin - **Noqdirna<sup>®</sup>**

### Chapter 6.6 – Drugs affecting Bone Metabolism

[NICE advice on bisphosphonates](#)

[Patient guide to bisphosphonates](#)

#### Prevention of osteoporosis

- Alendronic acid, risedronate, ibandronate

#### Calcium with vitamin D – only if bisphosphonate prescribed

- **Theical<sup>®</sup>**, **Accrete<sup>®</sup>**, **Adcal D3<sup>®</sup>**, **Evacal D3<sup>®</sup>**, **Calci-D<sup>®</sup>**

[Chapter 7 Obstetrics, Gynaecology and Urinary-tract Disorders](#)

### 7.2 Treatment of Vaginal and Vulval Conditions

#### Atrophy

- Estradiol – **Ovestin<sup>®</sup>**, **Vagirux<sup>®</sup>**

#### Fungal infections

- **Fluconazole**, **clotrimazole**

### 7.3 Contraceptives

[Methods of contraception](#)

[Contraceptive pill suitable for patients taking hepatic enzyme-inducing drugs guideline](#)

[FSRH guide to Drug Interactions with Hormonal Contraception](#)

#### 7.3.1 Combined hormonal contraceptives

##### Low strength

- Ethinylestradiol/gestodene – **Millinette 20/75<sup>®</sup>**
- Ethinylestradiol/desogestrel – **Bimizza 20/150<sup>®</sup>**, **Munalea 20/150<sup>®</sup>**, **Gedarel 20/150<sup>®</sup>**
- Ethinylestradiol / drospirenone - **Eloine<sup>®</sup>**

##### Standard strength

- Ethinylestradiol / levonorgestrel – **Levest<sup>®</sup>**, **Maexeni<sup>®</sup>**, **Rigevidon<sup>®</sup>**

- Ethinylestradiol/norgestimate – **Lizinna<sup>®</sup>**, **Cilique<sup>®</sup>**
- Ethinylestradiol/gestodene – **Millinette<sup>®</sup> 30/75**
- Ethinylestradiol/desogestrel – **Cimizt<sup>®</sup> 30/150**, **Munalea<sup>®</sup> 30/150**, **Gedarel<sup>®</sup> 30/150**
- Ethinylestradiol/drospirenone – **Yacella<sup>®</sup>**
- Mestranol/norethisterone - **Norinyl-1<sup>®</sup>**
- Ethinylestradiol/norethisterone (tri phasic) - **Synphase<sup>®</sup>**
- Ethinylestradiol / levonorgestrel (tri phasic) – **TriRegol<sup>®</sup>**, **Logynon<sup>®</sup>**, **Logynon<sup>®</sup> ED**

#### 7.3.2 Progesteron only contraceptives (POP)

- Desogestrel
- Norethisterone – **Noriday<sup>®</sup>**
- Levonorgestrel – **Norgeston<sup>®</sup>**

#### 7.3.2.3 Intra uterine POP

- **Mirena<sup>®</sup>**, **Jaydess<sup>®</sup>**, **Levosert<sup>®</sup>**

#### Long acting reversible contraception

- Medroxy-progesterone – **Depo-Provera<sup>®</sup>**, **Sayana Press<sup>®</sup>**
- Etonogestrel – **Nexplanon<sup>®</sup>**

#### 7.3.5 Emergency Hormonal Contraception

- Levonorgestrel – **Upostelle<sup>®</sup>**
- Ulipristal – **EllaOne<sup>®</sup>**

#### Uterine Fibroids

- Ulipristal - **Esmya<sup>®</sup>**

#### 7.4.1 Drugs for Urinary Retention

- Doxazosin instant release,
- Tamsulosin MR

#### 7.4.2 Drugs for Urinary Frequency, Enuresis and Incontinence

- Oxxybutynin, tolterodine

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- Tolterodine MR – Neditol XL®, Mariosea XL®
- Trosipium MR – Regurin XL®
- Solifenacin

### 7.4.5 Drugs for Erectile Dysfunction

- Sildenafil (does not need SLS), vardenafil, avanafil

### 7.4.6 Drugs for Premature Ejaculation

- Dapoxetine

## Chapter 8 Malignant Disease and Immunosuppression

### 8.3 Sex hormones and hormone antagonists in malignant disease

#### Hormone antagonist

- Anastrozole, letrozole

#### Breast cancer

- Tamoxifen, raloxifene

#### Prostate cancer

- Triptorelin – Decapeptyl SR®
- Leuprorelin – ProstaP®

## Chapter 9 Nutrition and Blood

### 9.1 Anaemias and blood disorders

#### Iron deficiency

- Ferrous fumarate – liquid as Galfer®

#### Megaloblastic anaemia

- Folic acid, hydroxocobalamin

### 9.2 Fluids and Electrolytes

- Potassium salts – Sando K®, Kay Cee L®
- Electrolade®

### 9.5 Minerals

#### Calcium – alone self care

- Adcal®

#### Magnesium

- Neomag®

### 9.6 Vitamins

#### Vitamins should be self care

## Chapter 10 Musculoskeletal and Joint Diseases

### NICE Guideline on Osteoarthritis

### NICE Guideline on Spondyloarthritis

#### 10.1 Rheumatic disease and gout

##### NSAIDs - PPI recommended

- Ibuprofen, naproxen

##### COX-2 selective NSAIDs

- Meloxicam

##### Rubefacients and topical NSAIDs

- Algesal, Transvasin, Fenbid, Piroxicam, Capsaicin

##### Gout

- Acute – naproxen, colchicine
- Long term – allopurinol
- Febuxostat [MHRA trial](#)

##### Rheumatoid arthritis

- Methotrexate 2.5mg

## Chapter 11 Eye

### 11.3 Anti-infective

- Antibacterial – chloramphenicol
- Antiviral – ganciclovir

### 11.4 Mast cell stabiliser

- Sodium cromoglicate

### 11.6 Glaucoma

- Latanoprost - PF as Monoprost®
- Bimatoprost – PF as Eyreida®
- Timolol – PF as Eysano®
- Dorzolomide – PF as Eydelto®

### 11.8 Dry eyes

- Hypromellose

## Chapter 12 Ear, Nose and Oropharynx

### 12.1 Ear

#### Otitis Externa

- EarCalm®, Betnesol-N®

#### Wax removal

- Olive oil, docusate sodium

### 12.2 Nose

#### Nasal Steroids

- Mometasone, beclomethasone, budesonide, fluticasone furoate

#### Anticholinergics

- Ipratropium

#### MRSA

- Mupirocin, Naseptin®

### 12.3 Oropharynx:

#### Ulceration and inflammation

- Benzydamine, hydrocortisone pellets, Bonjela®

#### Antifungal

- Miconazole, Nystan®

#### Mouthwash

- chlorhexidine

#### Dry Mouth

- BioXtra®, Salivix® – prescribe by brand

#### Toothpaste

- Self care or dentist to prescribe

## Chapter 13 Skin

### 13.2.1 Emollients

- Creams – Epimax®, ExCetra®, Aquamax®, Oilatum®, Zerobase®
- Gels – Isomol Gel®, Myribase Gel®
- Lotions – e45®, QV®
- Ointments – Emulsifying ointment, Epimax®, WSP, Zeroder®

#### 13.2.1.1 Bath and shower

##### Non-formulary based on current evidence

### 13.4 Topical corticosteroids

#### NICE Guideline for application of corticosteroids

##### Mild

- Mildison® Lipocream

- hydrocortisone 1%

#### Mild with antimicrobials

- Hydrocortisone/ clotrimazole as Canesten HC®, hydrocortisone/ miconazole Daktacort®

#### Moderate

- Betamethasone 0.025% as Audavate RD® or Betnovate RD®, clobetasone as Clobavate® or Eumovate®

#### Moderate with antimicrobials

- Clobetasone butyrate/ oxytetracycline/ nystatin as Trimovate®

#### Potent

- Betamethasone 0.1% as Audavate®, Betnovate® or Betacap®

### 13.5.2 Psoriasis

#### Vitamin D analogues

- Ointments, gels, lotions – calcitriol, calcipotriol, tacalcitol

#### Coal Tar

- Psoriderm® Emulsion, coal tar extract shampoo

#### Combination preparations

- Capasal®, Psoriderm®, Sebco®, Cociois®, Diprosalic®

### 13.6.1 Topical preparations for acne

- Mild – Epiduo®, Duac Once Daily®
- Moderate – Acnecide®, Zineryt®

### 13.6.2 Oral preparations for acne

- Antibacterials – doxycycline, lymecycline
- Hormonal – co-cyprindiol

### 13.6.3 Rosacea

- Metronidazole – Rozex®, Acea®
- Azelaic – Finacea®
- Ivermectin – Soolantra®

### 13.10 Anti-infective skin preparations

#### Antibacterials

#### CCG Managing Infections Guidance

#### Antifungals

- Clotrimazole, miconazole, terbinafine

#### Anivirals

- Aciclovir

## Chapter 15 Anaesthesia

### 15.1.7 Antagonists for Central and Respiratory Depressions

#### Emergency treatment of poisoning

## Appendix 2 Borderline Substances

### Sip Feeds Comparison Chart

#### MUST Nutritional Screening

#### CMPA Guidelines for breast fed infants

#### CMPA Guidelines for formula fed infants

## Other Useful Information

#### BNF for Children

#### BNF Drug Interactions

#### Self care leaflet

#### Self Care Quick Guide

#### Shared Care Guides

#### Somerset palliative care drug list and participating pharmacies

#### Minor Injury Units in Somerset

#### NHS 111 service

#### NHS Think Kidneys campaign

#### Traffic Light System

#### Medicines used in children, lactation and pregnancy