

Sip Feed Comparison Chart (November 2021)

<https://www.somersetccg.nhs.uk/prescribing-and-medicines-management/nutrition/>

General Practitioners are reminded that the ACBS recommends products on the basis that they may be regarded as drugs for the management of specified conditions.

Food supplements:

Standard ACBS indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of under-nourished patients, proven inflammatory bowel disease following total gastrectomy, bowel fistulas, or disease-related malnutrition and dysphagia. Practitioners should assess nutritional status before starting use of food supplements and offer advice about enriching nutritional value of normal diet, trialing a food first approach. The aim of treatment should be recorded and records of weight kept.

Malnutrition Universal Screening Tool (MUST) available for community patients at

<https://www.somersetft.nhs.uk/dietetics/wp-content/uploads/sites/6/2020/06/MUST-Patient-Care-Pathway-for-Community-June-2020.pdf> and care home residents at <https://www.somersetft.nhs.uk/dietetics/wp-content/uploads/sites/6/2020/06/MUST-Care-Pathway-for-Care-Homes-in-Somerset-1.pdf> or for more detailed information <https://www.bapen.org.uk/pdfs/must/must-full.pdf>

Patient Webinars – website developed by Somerset Community Dietitians providing webinars and printable resources to support self-management of various conditions (including malnutrition): <https://patientwebinars.co.uk/health-a-z/>

Somerset Partnership dietetic internet information for prescribers as follows: <https://www.somersetft.nhs.uk/dietetics/>

Additional food first information can be found here: <http://www.bapen.org.uk/nutrition-support/nutrition-by-mouth/food-first-food-enrichment>

When reviewing patients prescribed sip feeds consideration should be given to why and how long patients have had sips for. Stop rather than switch if a clinical need no longer applies.

Starter packs should only be used to find out what flavours a patient likes when initiating sip feeds. Prescriptions should be acute only, not placed on repeat. This will help reduce waste and decrease prescribing costs.

Compact feeds

Following a Food First approach, patients who may be initiated on Compact SIP feeds as inpatients include:	
Those with clinical need:	Without trial of normal SIP/ Powder based: <ul style="list-style-type: none"> • confirmed haemodialysis patients or those on fluid restricted diets, • severe cardio-respiratory disease or illness, • ascites, • short bowel syndrome or high output stoma, • eating disorders.
Those with <u>confirmed</u> clinical need:	After failed trial of normal volume SIP/ Powder based: <ul style="list-style-type: none"> • cancer, • frailty.

Renal patients - Please be cautious when reviewing haemodialysis patients with confirmed malnutrition / fluid restrictions. Guidance can be found under Resources at <https://www.somersetccg.nhs.uk/prescribing-and-medicines-management/nutrition/>

Paediatric patients – Please be cautious if reviewing paediatric patients, there are no CCG formulary recommendations for paediatric patients due to it being a specialised area that requires dietetic review and assessment.

2021/2022 Scorecard Indicator September 2021
 Cumulative sip feed spend per 1000 patients over 3 months
 Project **Positives** and **Negatives**

Supplement Style	Additional Features	Scorecard Project Positive Available Products (approximate kcal per serving)	Price per unit	Flavour Variety	Scorecard Project Negative Available Products (this list is subject to change & does not include every product)	Suitable for Malnourished Individuals with Insufficient Oral Intake...
Powder to add to food or drink		Pro-Cal powder (100 kcal per 15g)	£0.73	neutral		added to food and drink to enhance energy and protein content.
Milkshake	Powdered (make up with milk)	EnergieShake (381kcal)	£0.49	5	Calshake powder (596kcal) Enshake (600kcal) Scandishake Mix (587kcal)	for those who are able to make up their own drinks, consume large volumes and purchase milk (NB: not all powdered supplements contain a full range of vitamins and minerals)
		Aymes Shake (387kcal)	£0.49	6		
		Complan Shake (380kcal)	£0.49	5		
		Ensure Shake (389kcal)	£0.49	4		
		Foodlink Complete (400kcal)	£0.49	5		
		Fresubin Powder Extra (397kcal)	£0.70	4		
	Standard	EnergieShake 1.5kcal complete (300kcal)	£1.01	4	Resource Energy (300kcal) Fresubin Original (200kcal) Ensure 250ml can (250kcal)	to meet basic energy and nutrient requirements and a preference for milk-based drinks
		Aymes Complete (300kcal)	£1.05	4		
		Fortisip Bottle (300kcal)	£1.12	8		
		Fresubin Energy (300kcal)	£1.40	9		
		Nutricomp Drink Plus (300kcal)	£1.12	4		
		Ensure Plus Milkshake Style (330kcal)	£1.12	9		
		Ensure Plus Commence (330kcal)	£1.13	1		
		Altraplen Energy (300)	£0.89	4		
	Containing Fibre	Foodlink Complete with Fibre (397kcal) [powder sachet]	£0.72	5	Ensure Plus Fibre (310kcal) Fresubin Energy Fibre (300kcal)	with increased fibre requirements e.g. individuals suffering from constipation (Not suitable for a fibre free diet)
		Nutricomp Drink Plus with Fibre (300kcal)	£1.60	4	Resource 2.0 Fibre (400kcal) Fortisip Compact Fibre (300kcal)	
	High Protein	Altraplen Protein (300kcal)	£1.73	2	Fortisip Extra (318kcal)	with increased protein requirements e.g. elderly, wounds, post- operations, cancer
		Aymes ActaGain 2.4 complete Maxi 480kcal) Once Daily option	£1.33	3	Fortisip 2kcal (400kcal) Fresubin Protein Energy (300kcal) Fresubin 2kcal Drink (400kcal) Fresubin 2kcal Fibre Drink (400kcal)	
	Low Volume	Aymes Shake Compact (320kcal)	£0.49	6	Pro - cal shots (417kcal)	who cannot consume large volumes or fluid restricted. Do not switch confirmed haemodialysis pts on fluid restricted diets without discussing with dietitian
		Foodlink Complete Compact sachets (318kcal)	£0.49	5	Fresubin 5kcal shot (500kcal) Calogen extra (400kcal)	
		Altraplen Compact (300kcal)	£1.33	4	Altrashot (420kcal per 120ml)	
		Fortisip Compact (300kcal)	£1.33	8		
		Ensure Compact (300kcal)	£1.33	4		
		Calogen Extra Shots (160kcal) 6x 40ml (not milkshake style)	£1.00	2		

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Milkshake (continued)	Low Vol High protein	Fresubin 2kcal mini (250kcal) Aymes ActaSolve Protein Compact (312kcal) [powdered sachet]	£1.29 £0.95	3 5	Fortisip Compact Protein (300kcal)	with increased protein requirements who cannot consume large volumes / fluid restricted. Do not switch confirmed haemodialysis pts on fluid restricted diets without discussing with dietitian
	Low Vol with fibre	Fresubin 2kcal Fibre Mini(250kcal)	£1.29	2	Fortisip Compact Fibre (300kcal)	
	2kcal/ml	Aymes 2.0kcal (400kcal)	£1.63	3	Ensure TwoCal (400kcal) Fortisip 2.0kcal (400kcal) Fresubin 2kcal Drink (400kcal)	who require a more energy dense ONS
	2.4kcal/ml	Aymes ActaGain 2.4 Complete Maxi (480kcal)	£1.33	3		who require a more energy dense ONS. 1-2 servings a day unless otherwise indicated
Juice	Standard	Altrajuce (300kcal) Aymes ActaJuce (300kcal)	£1.70 £1.70	4 2	Ensure Plus Juce (330kcal) Fortijuce (300kcal) Fresubin Jucy (300kcal)	with a preference for juice based drinks. Contains milk protein, gluten free. Not suitable for patients with cows milk protein allergy
Smoothie	Standard	Aymes ActaSolve Smoothie (297kcal) [powder sachet]	£1.00	4		with a preference for smoothie style drinks. gluten/ lactose free. Renamed from Aymes Smoothie.
Yoghurt	Standard	Fresubin YoDrink (300kcal) Ensure Plus yoghurt style	£1.44 £1.16	3 2	Fortisip Yoghurt Style (300kcal) Fresubin Yocreme (187kcal)	with a preference for yoghurt style drinks
Dessert	Milk based	EnergieShake Dessert (188kcal) Aymes ActaCal Creme (188kcal) Aymes ActaSolve Delight (303kcal)	£1.10 £1.19 £0.99	2 2 3	Forticreme Complete (200kcal) Fresubin 2kcal Crème (250kcal) Ensure Plus Crème (175kcal) Nutricrem (225kcal)	with a preference for cream style desserts
Soup	Standard	Aymes ActaSolve Savoury (387kcal) [powder sachet]	£0.71	2	Meritene Energis (207kcal) Vitasavoury (300kcal) Ensure Plus Savoury(300)	with a preference for soup style savoury flavours
Dysphagia patients only	Pre-thickened sachets to be made up with milk	Slo Milkshake+ Level 1, 2, 3 and 4 (327kcal)	£0.95	2	Fresubin stage 1&2	who require pre-thickened ONS for dysphagia confirmed patients only (dietitian assessment) – do not switch patients without discussing with dietitian